

Examination program for Master

Kihon

Kihon for 3°Dan

One kihon IKTA chosen by the candidate

One kihon IKTA chosen by the commission

One Kihon Kumite IKTA chosen by the candidate with application

One Kihon Kumite IKTA chosen by the commission

Kihon Happo IKTA n.1

One Kihon Happo IKTA from 5° to 8° chosen by the candidate

Kumite

Jiyu ippon kumite sandan henka

Jiyu Kumite (30 seconds)

Kata

One kata chosen by the candidate

One kata chosen by the commission