

Examination program for Instructor

Kihon

Kihon for 2°Dan

One Kihon IKTA chosen by the candidate

One Kihon IKTA chosen by the commission

One Kihon Kumite IKTA chosen by the candidate with application

One Kihon Kumite IKTA chosen by the commission

One Kihon Happo IKTA chosen by the candidate

Kumite

Jiyu ippon Kumite nidan henka

Jiyu Kumite (30 seconds)

Kata

One kata chosen by the candidate from the following:

Bassai Dai

Kanku Dai

Jion

Enpi

Jitte

Hangetsu

Gankaku